

Serving Size: 4 capsules
Servings per container: 30

Vitamin A (as Palmitate)	10,000 IU	200%
Vitamin C (Ascorbic Acid)	1,000 mg	1667%
Vitamin D (Cholecalciferol)	600 IU	150%
Vitamin E (d-alpha tocopherol)	100 IU	333%
Vitamin B1 (Thiamin)	25 mg	1667%
Vitamin B2 (Riboflavin)	25 mg	1470%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B6 (Pyridoxine)	20 mg	1000%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B12 (Cyanocobalamin)	200 mcg	3334%
Biotin	300 mcg	100 %
Pantothenic Acid	25 mg	250 %
(as Calcium Pantothenate)		
Calcium (Citrates & Phosphates)	300 mg	30 %
Magnesium (Gluconate)	100 mg	25 %
Zinc (Chelate)	15 mg	133 %
Selenium (AAC)	70 mcg	143 %
Copper (Gluconate)	2 mg	100 %
Manganese (Chelate)	5 mg	250 %
Chromium (Polynicotinate)	120 mcg	167 %
Potassium (Citrate)	100 mg	3 %
Gama Orozynol	25 mg	*
Boron	1 mg	*
Choline	25 mg	*
Inositol	25 mg	*
PABA (Para-aminobenzoic Acid)	15 mg	*
Citrus Bioflavonoids	25 mg	*
Amino Blend (from Whey Isolate)	25 mg	*
Proprietary Blend of Super Antioxidants: (Milk Thistle, Quercetin, Lycopene, Grapeseed extract, Bilberry extract, CoEnzyme Q10, Alpha Lipoic Acid, and Lutein)	200 mg	*
Plant Derived Ionic Trace Mineral Blend	250 mg	*

Other ingredients: Gelatin, rice flour, silica, water

Suggested Use: Two capsules twice daily or as directed by your Health Care Provider.

Copyright © 2009 Phoenix Nutritionals, Inc. , San Diego, CA USA. 1-800-440-2390

www.phoenixnutritionals.com

EMAIL: questions@phoenixnutritionals.com

Full Spectrum Caps

Full Spectrum caps are a great alternative for those wishing a complete multi-vitamin/mineral formula in a capsule. Many people prefer these when traveling or if by chance, they may be hyper-sensitive to one or more of the ingredients in our Liquid Supreme. Full Spectrum caps represent over two years of formulation trial and error in order to product a stabilized product in capsule form. The bio-electrical trace elements are very sensitive to dehydration and a specific moisture level had to be maintained in order to keep them biologically active.

Full Spectrum Caps provide over 120 nutrients to the living system of the human body, more than virtually any other encapsulated formula on the market. We must remember that not all supplements are created equally and that we should learn to read labels. When you read the label of the Full Spectrum Caps you will quickly see that this is one of the most complete supplement formulations available.

Full Spectrum Caps provide 16 vitamins, 70+ major and trace minerals in bio-electrical suspension, Phytonutrients, Amino Acids, and Heavy-Hitting Antioxidants in the form of our proprietary Cell Ensure formula.

Take 2 Full Spectrum Caps twice per day with the first two meals of your day and have the comfort of knowing that you are supplying your body with over 120 key nutrients proven essential for health and longevity.

Excerpted from a lecture by K. Steven Whiting, Ph.D. Director, The Institute of Nutritional Science. Reproduced with permission

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.