

LiquiDaily High Vitality – Rebalancing The Biochemistry

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There are many supplements on the market to choose from. An important point to consider when choosing a multiple vitamin/mineral supplement is ratio. The relationship of any one nutrient to others, is often more important than mere potency alone. Balance within the human body is essential. LiquiDaily High Vitality provides Full Spectrum Nutrition, in a ratio that is most desirable to the cells of the body, while offering increased potency over other leading brands. Because it's a liquid, it may be used for the entire family as the dose is easily adjusted for each age group. Children over six, teens, men, women, and senior citizens can all take advantage of the convenience of this amazing formula.

Bold Face Type indicates that LiquiDaily High Vitality exceeds the other formula.

Nutrient	LiquiDaily High Vitality 32 oz	Balanced Essentials Liquid 32 oz
	Amount per Serving	Amount per Serving
Vitamin A	10000 IU	5000IU
Vitamin C	1000 mg	120 mg
Vitamin D	400 IU	400 IU
Vitamin E	200 IU	30 IU
Vitamin K	NA	80 mcg
Vitamin B1	25 mg	1.5 mg
Vitamin B2	25 mg	1.7 mg
Niacin	25 mg	20 mg
Vitamin B6	40 mg	2 mg
Folate	400 mcg	400 mcg
Vitamin B12	200 mcg	6 mcg
Biotin	300 mcg	300 mcg
Pantothenic Acid	25 mg	10 mg
Calcium	300 mg	50 mg
Iron	4 mg	NA
Magnesium	100 mg	25 mg
Phosphorus	NA	NA
Potassium	100 mg	70 mg

Zinc	15 mg	15 mg
Selenium	70 mcg	70 mcg
Manganese	5 mcg	2 mcg
Chromium	120 mcg	120 mcg
Boron	1 mg	NA
Copper	2 mg	NA
Iron	4 mg	NA
Choline	25 mg	NA
Inositol	25 mg	20 mcg
L-Tyrosine	100 mg	NA
PABA	15 mg	NA
Citrus Bioflavonoids	25 mg	NA
Gamma Oryzanol	50 mg	NA
Dimethyl Glycine	10 mg	NA
Silica	15 mg	NA
Free Form Amino Acids (10)	250 mg	100 mg
Total Spectrum Fatty Acids	250 mg	3 mg
Cell Ensure Antioxidant Complex (9) (N-acetyl Cysteine, Milk Thistle, Quercetin, Grape Seed Extract, Lutein, Alpha Lipoic Acid, Bilberry Extract, Co-Q10)	200 mg	NA
Blend of Phytonutrients (24)	30 mg	25 mg
Plant Derived Ionic Trace Mineral Complex	250 mg	10 mg